



ARIZONA REPRODUCTIVE MEDICINE SPECIALISTS

Phone (602) 343-2767 • Fax (602) 343-2766

1701 East Thomas Road, Building #1, Suite #101, Phoenix, AZ 85016

2730 South Val Vista Drive, Building #5, Suite #128, Gilbert, AZ 85295

IN-MALE PATIENT FORM

This form must be completed for each specimen. Specimens will be rejected that are not accompanied by this completed form.

Please, remember to answer all bold questions on the top half of this page.

Full Name (male) _____ **DOB** _____ **Last 4 of SS#** _____

Partner's Name _____ **Partner's DOB** _____

Physician: Dr. Moffitt Dr. Nelson Outside Doctor _____

Illness or Medications in the last 3 months None Yes, list below

Last Ejaculation Date (not today) ____ / ____ / ____

Current Sample Was the sample produced at this clinic? Yes No (if no, where?) _____

Method of Collection Masturbation Other _____

Collection Container ARMS Specimen Cup Other _____

Date ____ / ____ / ____ **Time Produced** ____ : ____ am / pm

Was any of the sample lost during collection? No Lost First Part Lost Last Part

Collection or Transportation Problems: _____

<p>Would you like your results uploaded to the Patient Portal? <i>Please allow 5-7 business days to receive these results. If outside patient, we can only fax to referring doctor.</i></p>	<p><input type="checkbox"/> No <input type="checkbox"/> Yes If yes, please verify email _____</p>
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Do not write below this line

ID verified by _____ Technician _____ Lab Received Time _____ Incubation Time _____

Use: SA SA+KSM Cryo IVF/ICSI MESA/TESE IUI FSP

Viscosity: 1 2 3 4 Debris: 1 2 3 4 Agglutination: 0 1 2 3 4 Progressive Motility: 1 2 3 4 Appearance _____

Grid count: **10** = # counted; **25** = (#counted * 4) / 10; **100** = #counted / 10 **In-office COVID-19 test** Negative Positive N/A

RAW SEMEN

PREPARED SEMEN

	1 st count	2 nd Count	Average	
Volume (mL)				
Motile grid count 10 25 100				
Immotile				
Concentration (million/mL)	(motile + immotile)			
% Motile	(motile / concentration) * 100			
Total Concentration (million)	Concentration * volume			
Total Motile Sperm (million)	Total Concentration * % motility			
WBCs &/ Sperm Precursors (million/mL)	Count 25 squares. Look at grid count :			Prepared Progressive Motility: 1 2 3 4
Normal Morphology (%)				

Comments _____

Rec'd By _____ Time _____



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Guidelines for Semen Collection

***ARMS does not maintain adult magazines in the office. Please plan on bringing your own if this is needed. Results are available 5-7 business days after appointment.**

1. You should collect after **2 but no more than 5 days of sexual abstinence** using a cup provided by ARMS. Periods of abstinence longer than 5 days may invalidate your semen analysis. We encourage wives to assist their husbands. If you have difficulty in collecting, call the Andrology Laboratory (602 343-2767).
2. If this specimen is for an insemination, wash hands and the penis with soap and rinse thoroughly to remove any soap residue. Soap is toxic to sperm. Cleanliness is also important if we are testing the semen for bacteria.
3. Collect sample by **masturbation**. *Do not use condoms*, as most condoms are toxic to sperm. It is also impossible to obtain a sterile sample if a condom is used. Lubricants can be used sparingly, but they should be nontoxic ones (ask the lab).
4. Label the container with your name and the last four numbers of your social security number.
5. Remove the lid of the container before masturbation and keep the inside of the container sterile. Do not touch the inside of the container with hands or the penis.
6. Collect as much of the sample as possible without letting the semen drip off of the head of the penis. Most of the sperm are usually in the first spurt.
7. Replace the cap on the container. In addition, an information sheet containing the time collected, days of sexual abstinence and the partner's name must be filled out. **Be sure to notify us of any problems in collection, any medications, or illness within the last 3 months (on the form).**
8. Place the specimen in the sample hatch located in the bathroom. (If you are collecting at home, keep the specimen at room temperature, out of the sun and get it to the laboratory within 45 minutes.)

Carlos Guerrero, Ph.D. (602) 343-2767
Director, Andrology Laboratory